

 borealis

Grande II

**24 automatic massage
programs**



24 Automatic massage programs

- 01 **HybriFlex** – Rhythmic massage for the back and shoulders, helping to relieve muscle tension
- 02 **Royal Treatment** – Full-body massage with stretching elements, improving flexibility and relaxing muscles
- 03 **Refresh Massage** – Restorative and stress-relieving massage, providing a refreshing sensation
- 04 **Breathe Massage** – Calming massage that helps reduce stress and improve breathing
- 05 **Recovery Massage** – Stretching massage for the back and waist, accelerating the recovery process
- 06 **Stress Relief** – Relaxing massage for the lower back, helping to release tension
- 07 **Deep Shiatsu** – Gentle yet deep massage for the back and waist area, relieving muscle stiffness
- 08 **Traditional Massage** – Classic full-body massage that reduces muscle tension
- 09 **Neck & Shoulder** – Targeted massage for the neck and shoulders using kneading, pressing, and stretching techniques
- 10 **Lower Body** – Massage for the waist and buttocks, supporting fat burning and muscle relaxation
- 11 **Back & Spine** – Massage that improves circulation and supports spinal health
- 12 **Leg & Foot** – Massage for the legs and feet using kneading, rubbing, and rolling techniques
- 13 **Relaxation Massage** – Upper body massage, ideal for office workers to relieve tension
- 14 **Gentle Touch** – Soft massage for the lower body, specifically designed for elderly users
- 15 **Extend Massage** – Medium to high-intensity massage aimed at reducing muscle pain
- 16 **Morning Buzz** – Stimulating full-body massage that awakens the body and mind
- 17 **Light Stretch** – Light and relaxing massage with stretching elements to balance body and mind
- 18 **Gentle Yoga** – Soothing full-body massage that mimics yoga stretches and relaxation techniques
- 19 **Refreshing Nap** – Revitalizing massage that restores creativity and energy
- 20 **Sweet Dreams** – Calming full-body massage that helps release tension and improve sleep quality
- 21 **Meditation Massage** – Low to medium-intensity massage that supports deep relaxation
- 22 **Cool Down** – Tension-relieving massage, ideal for dancers and active individuals
- 23 **Deep Release** – Intense massage program using deep techniques to release muscle tightness
- 24 **Post-Run** – Restorative full-body massage that helps relax muscles after training